

Eric Gerard Baudry

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I am catalyzing and facilitating a societal transition to a regenerative relationship with nature, for the benefit of all life.

RELATED EXPERIENCE

Upward Spirals

2013 to Present

Co-Founder, CEO & Strategic Director

I lead our nonprofit think tank and consultancy in its mission to support sustainable solutions and regenerative lifestyles in Costa Rica as a model for the world.

Upward Spirals creates strategic growth plans, marketing plans, financial plans, business models, program development plans and guides, project management tools, and knowledge management strategies and systems.

We focus exclusively on supporting social enterprises, wellness and education centers, event producers, collaborative communities, ecological regeneration projects, and people wanting to live more sustainably.

We offer several programs to train businesses, families and communities how to live well with nature and each other, and how to grow businesses that are beneficial for the environment. We have also created a variety of tools and resources making it easier for businesses and collaborative communities to co-create our regenerative future. Some highlights include:

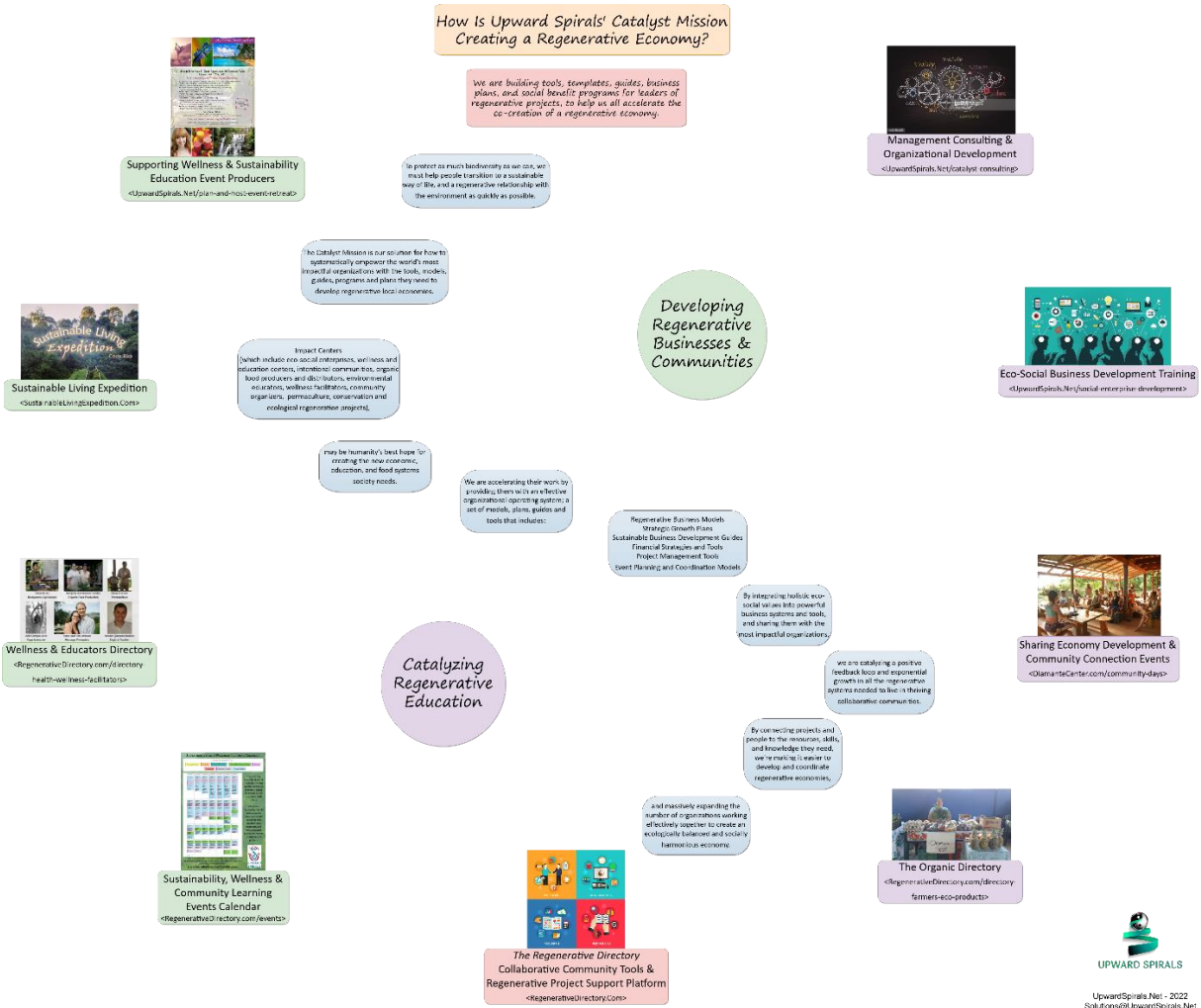
- [The Regenerative Directory](#)
- [The Sustainable Living Expedition](#)
- [The Organic Directory Costa Rica](#)
- [Successful Retreats - Supporting Sustainability and Wellness Education Event Producers](#)
- [Sustainability, Wellness, and Community Learning Events Calendar](#)
- [Sharing Economy Development & Community Connection Events](#)
- [Sustainable Transition Design](#)
- [Management Consulting & Organizational Development for eco-social entrepreneurs](#)

Over 1,000 guests have attended our events and trainings, thousands of people visit the Learning Calendar every month to find environmental and wellness events around Costa Rica, and the Organic Directory has been downloaded by over 10,000 people in Costa Rica looking for healthy food sources.

We have produced over 60 events in Costa Rica, and helped over 400 Costa Rica organizations for free on their mission to protect the environment.

Our clients, providers, and suppliers have collectively invested many millions of dollars into the Costa Rican economy in our shared goal to help Costa Rica become the most sustainable and regenerative country as a model for the world.

(Click on graphic for larger version)



*Strategy and Sustainability Consulting
 Pro bono, Social benefit*

2007 to 2013

- * Worked with business leaders to assess opportunities, set goals, and design action plans
- * Designed regenerative business models and community economic development models
- * Researched, designed, planned, wrote, and optimized business plans
- * Helped project managers increase their efficacy, efficiency, and productivity using technological tools, integral and holistic self and organizational management techniques

*Sustainable Home Improvement
 Founder and Efficiency Analyst*

2004 to 2006

- * Founded one of the first sustainable home remodeling consulting companies in Los Angeles

- * Educated owners and distributors about environmentally and socially appropriate materials, processes and supply chain management
- * Assessed home energy usage, designed and implemented cost-saving strategies
- * Helped home owners reduce waste and minimize environmental impact of materials and procedures used during remodeling

WDHB Management Consulting Group
CFO and Knowledge Manager

2001 to 2003

- * Responsible for planning corporate finances, creating cash flow forecasts, budgets, analyzing profit centers, and creating reports and suggestions to guide management decisions
- * Created knowledge bases of experts and industry trends and best practices
- * Optimized training programs for research, knowledge management, project management, and technology skills for new consultants
- * Coordinated knowledge and productivity resources into knowledge bases and project management tools to support consultants as they created customized packages for fortune 500 companies
- * Researched, compiled, and synthesized best practices in sustainability and technology

ADVANCED EDUCATION

Strategic Planning, Sustainability, Social Enterprise, 2004 to Present
 Regenerative Enterprise, Regenerative Community Economic Development
 Self-directed, online

Resource and Energy Efficiency in Residential Development 2003 to 2004
 Self-directed, library and online

Business Strategy, Advanced Investment Theory, Quantitative Analysis 2000 to 2001
 Audited ~half the courses in Drucker MSFA program, and self-directed with tutor
 Drucker School of Management, Claremont CA (Audited, was not enrolled)

Economics / Finance - Bachelor's Degree 1996 to 2001
 Significant study of Psychology and Sociology
 Pitzer College, Claremont CA

SPECIAL SKILLS

Exceptional leadership, entrepreneurial, organizational, analytical, and communication skills.

Additional skills include:

Business Management	Integrity	Strategic Planning
Financial Management	Organizational Development	Knowledge Management
Resource Optimization	Project Management	Internet & Computer Mastery
English (native)	Systems Thinking	Spanish (intermediate)
	French (fluent)	

ACCOMPLISHMENTS

*Started and lead 8 organizations

- * Chess tournament organization (~50)
- * Computer network management
- * Website design and development agency
- * Resource and energy efficiency consultancy
- * Business strategy and sustainability consultancy
- * Regenerative business think tank and consultancy
- * Regenerative Wellness and Education Center
- * Regenerative Project Support and Community Connection Platform

*Two World Series of Poker final tables

*4th highest ranked blitz chess player under 18 in the United States (~1993)

PRESENTATIONS AND PAPERS

Carrying capacity explained by ecological footprints, where does one's impact come from?

Co-creating our regenerative economy

Creating a more sustainable and regenerative life in Costa Rica

Ecological worldview leading to right action

Empowering regenerative leaders

Event sustainability strategy guide

From Sustainable to Regenerative

Greenwashing and other ways people profit off destroying the planet
Holistic education in intentional communities
How cognitive biases effect personal development and hinder societal evolution
How ecological values are building our beautiful future
How ecovillages can embody humanitarian and environmental values
How farmers' markets create a sustainable community and support regenerative lifestyles
How social enterprise and impact investing can save the world
Land regeneration - converting degraded lands into cooperative community
Low cost off-grid living, Low tech renewable energy, and Natural building methods
Main factors in selecting and developing an off-grid sustainable homestead
Marketing and sales strategies for Wellness and Education Centers
Needs and challenges of the regenerative movement
Needs to catalyze an effective regenerative movement
On true health and how little we know about ecosystems
Perspectives on Environmentalism: From Lite Green, Bright Green, Dark Green and Dark Green
Practical transition planning for families, cooperative living discussion
Regenerative agents and the responsibilities of a Bodhisattva
Regenerative business strategies
Regenerative land development, sustainable buildings, and ecosystem regeneration
Regenerative theories and core concepts
Resources and tools available for eco-social entrepreneurs
Rising global consciousness and the sharing economy
Small family organic farming and hyper-local lifestyles
Sustainability guidelines for site selection
Sustainable solutions for cooperative communities
Systemic upgrades and the state of the regenerative movement
The culture and values of a regenerative organization
The economy as a set of agreements and relationships
The sharing economy as a path to a regenerative future
Transitioning to a sustainable culture, society, and economy
Ways to make a business or project more regenerative
Wellness and Education Center Design, Financial Planning and Management
What values would a regenerative culture have?
What makes food sustainable? Planning a sustainable dinner

