

Organic Directory: *Costa Rica*

Created and maintained by *Upward Spirals*

Latest version in English and Spanish, related projects and more at www.OrganicDirectoryCostaRica.com

Updated July 2015

Alajuela – San Ramón

Miniferia Ecológica

Telephone: (506) 8836-1046 / 2542-1451

Email: miniferiaecologica@gmail.com

Web site: <http://laferiaecologica.jimdo.com>

Facebook: <https://www.facebook.com/laferiaecologica>

Alajuela – Turrucares

Nagy (Pick-up and delivery)

Location: Cebadilla, Turrucares

Telephone: (506) 8336-8000 / 8831-1582

Email: info@hidrocultivosnagy.com

Web site: <http://www.hidrocultivosnagy.com/Nagy/NAGY.html>

Alajuela – Upala

(Still open? Please email us with current status)

Organic Farmers Market Upala

Hours: Saturdays 6:00am – 1:00pm

Facebook: <https://www.facebook.com/groups/207448222615093/members>

Cartago

Ziggy Farms (Farm) (Pickup and Delivery)

Location: Orosi, Paraíso

Telephone: (506) 8894-7370

Email: jmaraya@ziggyfarms.com

Facebook: <https://www.facebook.com/ZiggyFarmsCR/timeline>

Cartago – Turrialba

(Still open? Please email us with current status)

Organic Farmers Market Turrialba

Hours: Saturdays 6:00am - 2:00pm

Location: Near the Fire Department

Cartago

(Might be the same as Productos Orgánicos la Pavilla below)

Vida Verde, Organic Farm

Location: Cristo street

Telephone: (506) 8374-7296

Facebook: <https://www.facebook.com/HortalizasOrganicasVidaVerde/timeline>

Cartago – Cipreses

Organic Products la Pavilla (Farm)

Hours: Order by Friday – Delivery Saturdays 11:00am – 1:00pm

Telephone: (506) 2536-7858 / 8503-3953

Email: marilyn.villalobos01@gmail.com

Facebook: <https://www.facebook.com/pages/Productos-org%C3%A1nicos-la-Pavilla/417480351706801>

Dominical

Mama Toucan's Natural and Organic Foods

Hours: Open Every day 9:00am - 8:00pm

Location: next to the Sushi restaurant

Telephone: (506) 8433-4235

Email: ricciardi7@gmail.com

Website: <https://www.mamatoucans.com>

Facebook: <https://www.facebook.com/pages/Mama-Toucans-Natural-and-Organic-Food-Store/392098997647009>

Dominical

Farmers Market of the River

Hours: Fridays 8:00am - 3:00pm

Location: Rio Center town

Telephone: (506) 8485-5523

Facebook: https://www.facebook.com/dominicalferia?ref=br_rs

Escazú

Ditsú Nutrición and Organic Market

Hours: Saturdays 9:00am – 6:00pm

Location: 800 meters west of the POPS, old road to Escazu

Telephone: (506) 2290-0007 / 8896-0000

Facebook: <https://www.facebook.com/comobajardepeso06/timeline>

Escazú

Orgánica Buena Tierra of Escazú - Farmers Market

Hours: Wednesdays 8:00am - 11:00pm

Location: In front of the Red Cross in Escazú,
1km south of Paco, before the cemetery

Telephone: (506) 2288-0342

Email: buenatierra.organica.com@gmail.com

Website: <http://laferiaecologica.jimdo.com>

Website: <http://www.cafeorganicobuenatierra.com/>

Escazú

Mercado Contemporáneo – Organic Farmers Market

Hours: Saturdays 9:00am - 2:00pm

Location: Avenida Escazú - In the Centro Comercial

Telephone: (506) 8705-5979 / 4000-5526 / 4000-5527

Facebook: <https://www.facebook.com/mercadokm0>

Escazú – San Rafael

Mercadito de San Rafael (Certified)

Hours: Saturdays 8:00am – 1:00pm

Location: From the Rolex Plaza go 150meters south 125 meters east

Telephone: (506) 6045-4796

Email: mercaditodesanrafael@gmail.com

Facebook: <https://www.facebook.com/mercaditodesanrafael/timeline>

Escazú – San Rafael

Raw co. Juicery & Food (Pickup and Delivery)

Hours: 8:00am – 7:00pm (days unknown)

Location: 400 West of the Plaza Colonial mall, of the river local #3,

Telephone: (506) 2289-5285 / 8842-2220

Website: <http://www.rawcocr.com/>

Facebook: <https://www.facebook.com/pages/Raw-Co-JuiceryFood/1432017140387859?sk=timeline>

Grecia – San Luis

Farmers Market & Organic Farm, San Luis

Hours: Fridays 12:00pm – 9:00pm

Location: 2km North and 300m Northwest of the San Luis School

In Grecia Farmers Market, as # 114 and # 113

Telephone: (506) 2494-4523

Facebook: <https://www.facebook.com/pages/Finca-Organica-San-Luis/157354264349567>

Grecia – San Luis

Farm Integral Orgánica – The Rodríguez Family farm

Location: Map http://www.organicretreatcr.com/?page_id=208

Telephone: (506) 2494-4523 / 2444-2967

Email info@organicretreatcr.com

Website: <http://www.organicretreatcr.com>

Guanacaste - Brastillo

La Paz Orgánica – Farmers Market

Hours: Wednesdays 3:00pm – 6:00pm

Location: La Paz Community School

Telephone: (506) 2654-6087

Email: ferialapaz@lapazschool.org

Website: <http://us1.campaign-archive2.com/?u=1357eab011765bc8e87e46395&id=f49480f101>

Guanacaste – Playa Potero

Christina's Bar & Grill Hideaway (Organic Restaurant)

Telephone: (506) 2537-3007

Website: <http://www.christinasrestaurantcostarica.com/>

Guanacaste - Santa Cruz

(Still open? Please email us with current status)

“Casa del Sol” Puesto de Venta – (Organic stand)

Hours: Saturdays 6:00am – 2:00pm

Location: Santa Bárbara

Heredia

El Mercadito Sano y Natural

Hours: 10:00am – 6:00pm (days unknown)

Location: From the northeast corner of the Catholic Church, go 100 meters north

The building is lime-green on the corner

Telephone: (506) 2260-5720

Facebook: <https://www.facebook.com/ElMercaditoSanoyNatural/timeline>

Heredia

Green Farmers Markets

Hours: Sundays 8:00am - 2:00pm

Location: Santo Domingo

Telephone: (506) 2260-6354

Email: feriaorganicaheredia@gmail.com

Facebook: <https://www.facebook.com/feriaverdeheredia>

Heredia

(Still open? Please email us with current status)

Agroterra 100% Organic

Hours: 7:00am – 4:00pm (days unknown)

Location: Santa Barbara

Telephone: (506) 8825-8678 / 8967-4280 / 2227-7065

Website: <http://www.agroterracr.com>

Facebook: <https://www.facebook.com/AgroterraCostaRica/timeline>

Jaco

Granja Biodinamica Mar Verde (Store)

Location: Punta Leona

Telephone: (506) 8348-7203

Facebook: <https://www.facebook.com/GranjaBiodinamicaMarVerde>

Limón – Guápiles

(Still open? Please email us with current status)

Organic Farmers Market of Guápiles

Hours: Saturdays 5:00am – 12:00pm

Location: Guápiles, Pococí

Telephone : (506) 2767-6587 / 2763-8262 / 8378-3343

Limón – Talamanca

Appta (Certified)

Telephone: (506) 2751-0158/ 2751-0435/ 2751-0118

Email: info@appta.org | jairo@appta.org | walter@appta.org

Website: <http://www.appta.org/>

Facebook: <https://www.facebook.com/appta.talamanca/timeline>

Nicoya - Montezuma

Organic Market

Hours: Saturdays 10:00am-12:30pm

Location: Central Park

Telephone: (506) 2642-4546

Facebook: <https://www.facebook.com/montezumafarmersmarket>

Nicoya - Santa Teresa

Organic Farmers Market

Hours: Saturdays 3:00pm – 6:30pm

Location: near Playa Cielo Hotel

Nicoya – Santa Teresa

Green World Store

Hours: 8:00am – 4:30pm (days unknown)

Location: Santa Teresa, Cóbano

Telephone: (506) 2640-0434

Facebook: <https://www.facebook.com/pages/Green-World-Store/577435932300267>

Nicoya – Malpais

Bean and Bejuco Store

Hours: Daily 9:00am – 7:00pm

Location: Playa Carmen Mall at the Crossroads

Telephone: (506) 2640-0457 / 8730-3627

Website: <http://www.pollopass.com/portfolioentry/bean-bejuco/>

Facebook: <https://www.facebook.com/BeanandBejuco?fref=ts>

Nicoya

(Still open? Please email us with current status)

Mercado Ecológico El Guayabo (Market)

Hours: Mondays - Saturdays 6:00am – 6:00pm

Sundays 6:30am - 1:30pm

Location: 400mtrs South of the hospital

Website: <http://www.vozdeguanacaste.com/es/articulos/2014/05/15/nuevo-mercado-las-guayabitas-tendra-diseno-colonial>

Pérez Zeledón – Canaan de Rivas

Samaritan – Chocolate Xocolata (organic)

Telephone: (506) 8820–7095

Website: <http://www.samaritanxocolata.com/>

Pérez Zeledón – Diamante

Diamante Orgánico (Pickup and Delivery)

(One of the most beautiful green houses I have ever seen)

Hours: Mondays – Saturdays 8:00am - 3:00pm

Location: Local pickup in Las Tumbas,

or delivery to: Baru, Perez Zeledon, Uvita, etc

Telephone: Bolivar & Marjorie (Español) (506) 2787-0681/ 8536-5662

Telephone: Justin (English) (506) 8303-7602

Pérez Zeledón - San Gerardo de Rivas

Casa Armonia

Hours: Organic Fair 1st and 3rd Saturdays 8:00am - 12:00pm

Location: Coming from San Isidro – 50 mts before Chirripo Mt. admin office.
200 mtrs before the Bridge.

Brown cabin on the Left hand side of road. Park on Left side of cabin.
Telephone: (506) 2742-5430
Facebook: <https://www.facebook.com/pages/Casa-Armonia/1578911272370988?fref=ts>

Pérez Zeledón – San Isidro

Colibri's Corner (Pickup and Delivery)
Hours: Thursdays 7:00am - 4:00pm
Fridays 8:00am – 1:00pm
Location: In the back San Isidro Feria. In front of the Supermercado.
Email: feria@puravidaconnections.com
Website: <https://www.Puravidaconnections.com>

Pérez Zeledón – San Isidro

Farmers Market (Organic section)
Hours: Thursdays 5:00am – 4:00pm
Fridays 6:00am - 2:00pm
Location: 25 meters south and 75 meters east of the Red Cross
Email: feriaproductorpz@hotmail.com
Facebook: <https://www.facebook.com/pages/Feria-del-Productor-Perez-Zeledon/226165524073551?sk=timeline>

Pérez Zeledón - Tinamastes

Organic Farmers Market - Vida Autentica
Hours: Tuesdays 8:00am - 1:00pm
Location: Community Center near the big white church on the way to Pérez from Dominical
Facebook:
<https://www.facebook.com/media/set/?set=a.759655130740584.1073741840.543793642326735&type=3>

Pérez Zeledón Tinamastes

Soulful Organics (Pickup and Delivery)
Location: Tinamastes
Telephone: (506) 8313-9585
Email: info@soulfulorganics.com
Website: <http://soulfulorganics.com/>

Facebook: <https://www.facebook.com/pages/Soulful-Organics/384813461675228?sk=timeline>

Pérez Zeledón

(Still open? Please email us with current status)

3 puestos Coronado Bandera Blanca

Hours: Sundays 5:00am – 1:00pm

Location: Downtown Agricultural San Isidro. Diagonal from the bus stop

Puerto Viejo

Farmers Market (Organic section)

Hours: Saturdays 6:00am – 10:00am

Location: of Talamanca

Telephone: (506) 8849-3728

Facebook: <https://www.facebook.com/pages/Feria-Cultural-Puerto-Viejo/129001373947743?sk=timeline>

Puerto Viejo

(New, not much information. Please email any new info)

Bio Mercado Organic Grocery Store

Location: Next to Hotel Puerto Viejo

Puerto Viejo – Playa Chiquita

Botánica Orgánica

Hours: 8:00am – 4:00pm (days unknown)

Location: Main Road to Manzanillo

Telephone: (506) 2750-1955

Puntarenas – Herradura

Satori Peace Shop

Location: Front of the Gas Station

Telephone: (506) 8995-9914

Website: <http://www.satoripeaceshop.com>

Facebook: https://www.facebook.com/satoripeaceshop?_rdr

Puntarenas

Organic Store

Hours: Mondays, Wednesdays, Fridays 8:00am - 4:30pm

Location: Cabano Centro

Telephone: (506) 8388-8096

Email: fiona5lamont@gmail.com

Facebook: www.facebook.com/mercadoorganicocobano

Samara

Farmers Market & Art

Hours: Tuesdays 8:00am-11:30am

Fridays 2:00pm – 5:30pm

Location: In the Natural Center

Telephone: (506) 8986-0032

Email: info@samaraorganics.com

Website: <http://www.samaraorganics.com>

Facebook: <https://www.facebook.com/pages/Farmers-Market-Art/586941498117949?sk=timeline>

Facebook: https://www.facebook.com/SamaraFarmersMarketFeriaDeSamara?ref=br_rs

Samara

Café & Mercado Organics

Hours: Unknown

Location: Downtown Samara

Across the street from Restaurant Gusto Beach in central Samara

Telephone: (506) 2656-3046

Email: info@samaraorganics.com

Website: <http://www.samaraorganics.com>

Facebook: <https://www.facebook.com/SamaraOrganicsMercadoCafe>

San José - Aranjuez

Feria Verde de Aranjuez:

Hours: Saturdays 7:00am - 1:00pm

Location: Town of Aranjuez.

300 meters North and 300 meters West of the Santa Teresita Church
in Barrio Escalante

Telephone: (506) 2280-5749

Email: info@feriaverde.org

Website: <http://www.feriaverde.org/>

Facebook: <https://www.facebook.com/FeriaVerde>

San José - Calletano

Farmers Market of Trueque

Hours: Saturdays 5:00am - 11:00am

Location: 200 m south of the church of San Calletano,

behind the Lutheran Church, across from the house tank

(behind the church of Barrio el Carmen), Paso Ancho

Southeast side of San Jose near intersection of 39 & 209

Telephone: (506) 2226-6305 / 8859-3670 / 8661-1917 / 8355-3132

Email: maocol@racsaco.cr

Website: www.agriculturaorganica.org

Facebook: https://www.facebook.com/feriaeltrueque?ref=br_rs

San José – Curridabat

Bio Health Center - Store

Hours: Mondays to Saturdays 9:00am - 8:00pm

Sundays 10:00am - 7:00pm

Location: City of Curridabat. Adjacent to Automercado mall shopping center

Telephone: (506) 2280-9786 / 2280-7861 (Rebeca Hernández)

Email: info@biosaludcr.com

San José - Curridabat

Supermercado - Green Center – Eco Depot

Hours: Mondays - Saturdays 8:30am - 7:00pm

Sundays 10:00am – 3:30pm

Location: Santa Ana, 150 meters North of Guayabo. Green house, left side

Telephone: (506) 2272-0213

Email: info@greencentercr.com

Website: <http://greencentercr.com/>

Facebook: <https://www.facebook.com/GreenCenterCR?ref=ts&fref=ts>

San José - Curridabat

Freskitica 100% Organic

Telephone: (506) 2280-8695

Email: freskitica@outlook.com

Facebook: <https://www.facebook.com/vegetales.freskitica/timeline>

San José

IRIRIA: Green Store

Hours: Mondays to Fridays 10:00am - 6:00pm

Location: 50 meters west of the Calderon Guardia hospital

Telephone: (506) 8915 5979 / 8830-7673 / 8398-1967

Email: iriratiendaverde@gmail.com

Website: <http://www.iriratiendaverde.blogspot.com/>

Facebook: <https://www.facebook.com/iriratiendaverdecr>

San José

Verdisimo Alacena Vegana

Hours: Mondays - Saturdays 9:00am – 7:00pm

Location: Escalante City - 33 street, Ave 7

Telephone: (506) 4030-9881

Facebook: <https://www.facebook.com/Verdisimo/timeline>

San José

Viandas Market – Local Organic (Pickup and Delivery)

Hours: Mondays - Fridays closed Thursdays

Location: Downtown San Jose, Beachfront corner northeast national park.

At the intersection of 3rd Avenue and 19th Street.

Telephone: (506) 8849-5357

Email: contacto@viandas.co

Website: <http://formulario.viandas.co/>

Facebook: <https://www.facebook.com/mercadoviandas>

San José

Oh Veggies (Pickup and Delivery)

Telephone: (506) 8349-9775 / 8833-0972

Email: ohveggiescr@gmail.com

Facebook: <https://www.facebook.com/ohveggiesCR/timeline>

San José

La Caja Orgánica (Pickup and Delivery)

Email: info@lajaorganica.com

Website: <http://www.lajaorganica.com/>

Facebook: <https://www.facebook.com/LaCajaOrganica/timeline>

San Ramón

Frutas La Paquereña (Store)

(New fruit comes in on Wednesdays)

(Gets their organic produce from @finca Guadeloupe in Zarcero)

Hours: Open every day

Location: Diagonal Empresarios Unidos

Telephone: (506) 2447-6439

Facebook: <https://www.facebook.com/frutas.monge.3>

San Ramón

Farmers Market (Organic sections x3)

Hours: Fridays 12:00pm – 8:00pm and Saturdays 5:00am – 1:00pm

Location: 50 meters north of the University of Costa Rica

Santa Ana - San José

Supermercado - Green Center – Eco Depot

Hours: Mondays - Saturdays 8:30am - 7:00pm

Sundays 10:00am – 3:30pm

Location: The first exit to Gold River Construction. 800 meters west of the Forum.

1 SJ-Caldera Highway.

Telephone: (506) 2282-8618 / 2282-8471

Email: info@greencentercr.com

Website: <http://greencentercr.com/>

Facebook: <https://www.facebook.com/GreenCenterCR?ref=ts&fref=ts>

Santa Ana – San José

Cayita Pitahaya

Location: Cenizaro house

Telephone: (506) 2203-8323 / 8380-3589

Email: cayitapitahaya@gmail.com

Website: <http://www.cayitapitahaya.com/>

Facebook: <https://www.facebook.com/cayitapitahaya/timeline>

Santa Ana – San José

La Misticanza (Market)

Hours: Mondays - Saturdays 8:00am – 6:00pm

Sundays 9:00am - 5:00pm

Location: CC Paseo Lindora,

Telephone: (506) 4701-0946

Email: info@lamisticanza.net

Website: <http://www.lamisticanza.organic>

Facebook: <https://www.facebook.com/arrugula/timeline>

Tamarindo

Farmers Market (Organic section)

Hours: Saturdays 8:00am – 1:00pm

Location: On the beach next to Pescador at the Alfaro Bus Terminal

Facebook: <https://www.facebook.com/farmersferia>

Uvita

Farmers Market (Organic section)

Hours: Saturdays 8:00am - 1:00pm

Location: Near the restaurant Casona

Telephone: (506) 8344-4297

Email: crcove@yahoo.com

Organic delivery services

Alajuela – Turrucares

Nagy (Pickup and Delivery)

Location: Cebadilla, Turrucares

Telephone: (506) 8336-8000 / 8831-1582

Email: info@hidrocultivosnagy.com

Website: <http://www.hidrocultivosnagy.com/Nagy/NAGY.html>

Cartago

Ziggy Farms (Pickup and Delivery)

Location: Orosi, Paraíso

Telephone: (506) 8894-7370

Email: jmaraya@ziggyfarms.com

Facebook: <https://www.facebook.com/ZiggyFarmsCR/timeline>

Escazú – San Rafael

Raw co. Juicery & Food (Pickup and Delivery)

Hours: 8:00am – 7:00pm (days unknown)

Location: 400 West of the Colonial Plaza, #3 in the mall

Telephone: (506) 2289-5285 / 8842-2220

Website: <http://www.rawcocr.com/>

Facebook: <https://www.facebook.com/pages/Raw-Co-JuiceryFood/1432017140387859?sk=timeline>

Perez Zeledón – Diamante

Diamante Orgánico - (Pickup and Delivery)

(One of the most beautiful green houses I have ever seen)

Hours: Mondays – Saturdays 8:00am - 3:00pm

Location: Local pickup in Las Tumbas,

or delivery to: Baru, Perez Zeledon, Uvita, etc

Telephone: (506) 2787-0681, 8536-5662 Bolivar & Marjorie (Spanish)

Telephone: (506) 8303-7602 Justin (English)

Pérez Zeledón – San Isidro

Colibri's Corner (Pickup and Delivery)

Hours: Thursdays 7:00am - 4:00pm

Fridays 8:00am – 1:00pm

Location: In the back San Isidro Feria. In front of the Supermercado.

Email: feria@puravidaconnections.com

Website: <https://www.Puravidaconnections.com>

Pérez Zeledón - Tinamastes

Soulful Organics (Pickup and Delivery)

Location: Tinamastes

Telephone: (506) 8313-9585

Email: info@soulfulorganics.com

Website: <http://soulfulorganics.com/>

Facebook: <https://www.facebook.com/pages/Soulful-Organics/384813461675228?sk=timeline>

San José

Viandas Market – Local Organic (Pickup and Delivery)

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At the intersection of 3rd Avenue and 19th Street.

Telephone: (506) 8849-5357

Email: contacto@viandas.co

Website: <http://formulario.viandas.co/>

Facebook: <https://www.facebook.com/mercadoviandas>

San José

Orgánico a su Casa (Delivery Only)

Telephone: (506) 8378-6332

Location: Escalante city

Website: <http://www.organicoasucasa.com/>

Facebook: <https://www.facebook.com/organicoasucasacr>

San José

Mauricio Guevara (Delivery Only)

Request organic products and he will deliver

Location: In the central valley:

Telephone: (506) 8879-6098 / 2533-3975
Email: maurisioguevara@yahoo.com
Website: <http://www.eco-logica.com/listas-de-inter%C3%A9s>

San José

Oh Veggies (Pick up and Delivery)
Telephone: (506) 8349-9775 / 8833-0972
Email: ohveggiescr@gmail.com
Facebook: <https://www.facebook.com/ohveggiesCR/timeline>

San José

La Caja Orgánica (pick up and Delivery)
Email: info@lacajaorganica.com
Website: <http://www.lacajaorganica.com/>
Facebook: <https://www.facebook.com/LaCajaOrganica/timeline>

Organic Directory: *Costa Rica*

Created and maintained by *Upward Spirals*
Latest version in English and Spanish, related projects and more at www.UpwardSpirals.Net

About the Directory & Feedback

Some vendors are certified organic and others self-report using no chemicals in their production. Concerned consumers are encouraged to personally verify any producer claims prior to purchase. Some organic farmers cannot afford certification; we have decided to presume their self-reports are honest. Please let us know about any additional locations or any concerns about existing listings at food@upwardspirals.net

Please share this list with your family, friends and co-workers. Please keep the descriptions and links from the top of the directory so everyone has access to the most current information and updates. Thank you for helping! Together we expect we can significantly increase demand and awareness of organic options in Costa Rica.

This directory is a collaborative work by Upward Spirals and the community of Costa Rica. It is

part of our objective to strengthen and amplify the efforts of those working to build a regenerative, local, organic food system. We believe that helping people to buy healthful food strengthens communities, reduces environmental impacts, improves animal welfare, and brings integrity to our purchases and food consumption. For updates, similar projects, and to learn more about Upward Spirals' objectives, visit www.upwardspirals.net .